



DANCING GROUNDS

BUILDING COMMUNITY THROUGH DANCE

TWO SPECIAL SATURDAYS - TWERKFEST & BOUNCE FITNESS FEST!

We're putting our regular Saturday class schedule on hold to bring you two unique events gearing up to New Orleans Dance Week and National Dance Day! SATURDAY, JULY 15TH - TWERKFEST WITH JAZZ!

10-11am Mimosas + Social Hour 11am-12pm

Dance Hall with Lalah 12-1pm TWERKSHOP with Jazz

\$12 Drop Ins; FREE For DG Members

\$3 Mimosas; DG Members get 1st drink free @ Dancing Grounds (3705 St. Claude Ave NOLA 70117)

TWERKSHOP creator, Jazz Johnson, is hosting her first annual TWERKFEST at DG! Get loose with some morning mimosas then whine it with Lalah in DanceHall and shake it with Jazz in her signature class. [CLICK HERE FOR MORE DETAILS.](#)

SATURDAY, JULY 22ND - BOUNCE FITNESS FEST WITH MOE JOE!

11am-1pm - FIVE BOUNCE CLASSES WITH FIVE UNIQUE TEACHERS

\$5 Drop-In | FREE for DG Members @ New Orleans Jazz Market (1436 OC Haley Blvd NOLA 70113)

Moe Joe and Dancing Grounds are teaming up to bring you Bounce Fitness Fest! Sample different styles of Bounce classes with DG family members, Tai Teamer, Kristal "M2daE" Jones, & MoeJoe, plus Skip's Bouncercise class and Stephen Sutton's original SWEAT to that B.E.A.T. workout. The day will culminate with a spiritual life coaching session with Denise Graves. [CLICK HERE FOR THE FULL LINE-UP!](#) **NOTE: DG'S ST. CLAUDE LOCATION IS CLOSED ON JULY 22ND.**

NEW ORLEANS DANCE WEEK SCHEDULE OF EVENTS

Dancing Grounds is a proud sponsor and lead partner in the New Orleans Dance Network's 3rd annual New Orleans Dance Week and National Dance Day activities.

\$5 CLASS CHALLENGE: July 17th - July 28th Dancing Grounds is offering two weeks of \$5 dance classes alongside 10 other studios across the city. Challenge yourself to visit 5 different locations in two weeks and you will be entered in a raffle to win free dance classes and apparel from participating studios! Find all participating [studios + their class schedules here](#).

TOUR DE DANCE: July 22nd - July 29th Gear up to Saturday's Flash Mob with a week of events city wide. Events include New Orleans Dance Week kick off celebration, Jazz Brunch with the NOLA Jitterbugs, Contemporary Dance Wellness Clinic at Live Oak Dance, Hip Hop night at Dancing Grounds and [SO MUCH MORE!](#) **National Dance Day Flash Mob & Second Line: July 29th, 10am-1pm** Join dance lovers from across the country in learning So You Think You Can Dance's National Dance Day routine! We'll meet up in the French Quarter to learn the dance together, then parade to Jackson Square to flash mob the center of the city. FREE and FAMILY-FRIENDLY! All the details are [listed here](#). Stay tuned for location updates. ****NOTE: DG'S ST. CLAUDE LOCATION IS CLOSED ON JULY 29TH SO WE CAN PARTICIPATE IN THE FLASH MOB. MEET US DOWNTOWN!****

#DanceAroundNOLA with #DG Friends!

Hairspray the Musical | July 13 - 15 @ 8pm; July 16 @ 2pm | \$26-\$46
Tickets | Dixon Hall at Tulane

Featuring #DGFriends Polanco Jones, Cameron Mitchell-Ware & Kendra Unique Wills!

[FACEBOOK EVENT](#) Nkiruka Drum and Dance Ensemble Show | July 15 @ 8pm
| \$15 Tickets | Cook Theater at Dillard

Featuring #DGInstructor, Lalah Smith!

[EVENT POSTER](#)

NOBA Master Class with Dwight Rhoden | July 16 @ 3:30 | FREE |
McWilliams Hall at Tulane [FACEBOOK EVENT](#) LA2U Youth Dance Intensive |
July 22 & 23 | \$150 Tuition | Dancing Grounds

[FACEBOOK EVENT](#)